

The Island Day Nursery Policy

Screen Time Policy

At The Island Day Nursery, we recognise that digital technology is part of children's everyday lives. We will adhere to the screen time guidelines as set out in the Early Years Foundation Stage 2026 for screen time use in the setting.

Screen Time Guidelines

At no point will screen time replace active play, social interactions or outdoor experiences which will remain the priority for children.

Screen time will be limited and only used to support learning or well being:

- Children under two years of age will not be exposed to any screen time while in the setting.
- For children aged 2-5 years the screen time will not exceed 1 hour a day while in the setting but typically much less

Use of Screen time

- Screens will only be used for educational, interactive, or interactive purposes such as age-appropriate apps, music, or storytelling.
- Passive viewing will be avoided at all times.
- Content will be chosen to support language development, creativity, and curiosity.
- All digital content will be carefully selected and pre-approved to ensure it is suitable for the children's age and stage of development.
- Fast paced, overstimulating or inappropriate content (social media style videos) will not be used.
- Screen time will not take place during mealtimes or close to sleep/rest times.
- Screen use will not replace the key areas of learning such as communication, physical development, and personal social and emotional development.
- Priority will always be given to hands on play, reading, and social interactions.

Safeguarding

- Any devices used by children will be password protected and appropriately filtered.
- Children will not have access to the internet or devices without supervision.
- Any concerns relating to inappropriate content or screen use will be addressed immediately and shared with parents.

Persons responsible for implementing this policy:

Erica Dunwell/Heather Bishop/Rosalind Moreno/Cara Bonner – Barton

Erica Dunwell/ Heather Bishop/Jonathan Reed – Sandown

Erica Dunwell/Becky Kujabi/Sam Hicks – Wootton

Review: August 2027